

# Miracle of Miracles - Sugar Head Pie on The Roof!

## CD Release Show March 11

# PATCHES + GRETCHEN

**THE SHOW:** *Who:* Patches And Gretchen w/ special guests  
Kevin Bowe and the Okemah Prophets  
Liminal Phase (featuring Adam Levy) & Dan Israel  
*What:* CD Release Show - Special Theatrical Presentation  
*Where:* Varsity Theater, 1308 4th Street Minneapolis MN 55414  
*When:* Thursday, March 11, 2010 - 7 pm Doors - 8 pm Show  
*Ticket info:* \$10 advance - \$12 day of show  
varsitytheater.org phone 612-604-0222

**THE CD:** *Artist Name:* Patches & Gretchen  
*CD Name:* Sugar Head Pie  
*Websites:* www.sugarheadpie.com / www.patchesandgretchen.com  
*Key Tracks:* Sugar Head Pie, Black Market, Crying States

### WHAT PEOPLE ARE SAYING:

- ★ "It's really exciting to discover a new voice, and I did with Patches and Gretchen. Patches and Gretchen is someone I'm going to pay close attention to. I love her style. I love her downtroddenness."  
- Chris Roberts (Host of The Local Show, 89.3 The Current)
- ★ "I think [Sugar Head Pie] is truly **a freakout folk punk masterpiece.**"  
- Adam Levy (Honeydogs, Bunny Clogs)
- ★ "Seichrist, with her Patti Smith defiance and Bob Dylan bedhead... is truly a unique voice in local music, not to mention quite a powerful presence -- her playful, deadpan musings play the perfect counterpart to her sweetly simple songs. Her songs are lovely, lonely, pretty, vulnerable and tattered ... a girl with imagination and ingenuity...Gretchen is so much more than a kooky chick with a guitar." -City Pages
- ★ "**Artist of the Year: Gretchen Seichrist.** ... a one woman show whose art is so fierce and fecund it begs to be gathered, discussed, and celebrated... provides others comfort by sharing the struggle joys of (single) parenthood, love, life, and smoking... from the look of things, she's just getting started."  
-Jim Walsh/Southwest Journal
- ★ "Warning: Gretchen Seichrist's songs and DIY videos can be so addicting, you might find yourself up late at night, clipping along in your life, and then, as is the case with all great artists, you can go down the rabbit hole of her sneaky raw genius and not be heard from for hours...**the most original locally bred songwriter since Bon Iver.**" - MinnPost.com
- ★ "Patches and Gretchen make up songs that take you to a different place, one you can't really name but you're sure you've never been there and want to go back soon. She's like a narrator on a long strange voyage." - Kevin Bowe (guitarist/producer, Paul Westerberg, Kevin Bowe and the Okemah Prophets)

### BIO:

- ★ Gretchen Seichrist is a painter and poet who is raising two children in Minneapolis. Her debut album, *Music From Little Big Pink*, was her first ever recording. From her very first performance on stage to the quirky videos she makes from home, Gretchen has attracted fans from all over the world. Her shows have become a stage for notable local talent and have quickly drawn notoriety and critical acclaim.
- ★ Gretchen co-wrote the song *Medicine Wheel* with her sister **Aimee Mann**. The song was featured on Aimee's 2008 album *Smilers*.



Seichrist is not naïve. She sings with a husky, wise voice with the unguarded, private quality of a girl with a hairbrush microphone in her bedroom mirror. She admits she's pretending to be a rock star but knows her songs are off-kilter. She sounds like a cigar-smoking bulldog singing quiet lullabies.



### Sugar Head Pie

#### Track Listing:

1. Time Of The Lilacs
2. Crying States
3. Blood Suitcase
4. Big Things
5. Sugar Head Pie
6. Black Market
7. Sweet Wolves
8. Ghosts I Love
9. I'm Tired Of Chicken
10. Take The Gauze Off
11. Everything Is Indian

**CO-PRODUCERS:** Rich Mattson, Gretchen Seichrist, Jacques Wait and Terry Eason

**SONGWRITER:** Gretchen Seichrist

**LABEL:** Sandpaper Tongue Records